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CLINICAL CASE

Maxillary reconstruction with a subperiosteal implant in a case of severe atrophy. From planning to rehabilitation following a fully digital protocol. About a clinical case and bibliographic review

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SUMMARY

Introduction: Customized titanium subperiosteal implants, designed from a planning and manufacturing software, are an alternative in the rehabilitation of severe maxilla atrophies, avoiding more complex bone and soft tissue reconstructive surgeries and reducing healing times. The aim of this work is to present the rehabilitation of a clinical case with severe atrophy in the upper maxilla, using a structure with subperiosteal implants, through a digital protocol.

Description of the case: A subperiosteal structure of sintered itanium was designed with six transepithelial connections that were rehabilitated with an immediate

implant-supported fixed prosthesis manufactured in PMMA. Two months later, a sintered chromium-cobalt structure was made with mechanized bases covered with acrylic resin teeth as final restoration. In the one year follow-up, the case remains stable.

Conclusions: Nowadays, rehabilitation with subperiosteal implants are an alternative tool in cases of complex surgeries with large atrophies with the possibility, in addition, of performing an immediate load.

KEYWORDS

Subperiostal implants; Oral rehabilitation; Digital planning; Cad/Cam.

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INTRODUCTION

The use of endoosseous dental implants to replace the absence of teeth has shown a great predictability over the years, being today one of the main techniques for dental rehabilitation¹. However, bone in quantity and quality is necessary for its placement. In cases of severe bone resorption, more advanced surgeries are needed for bone regeneration, in which there may be more complications, morbidity and longer treatment time².

Subperiosteal implants (SI) were developed in Sweden in the early 1940s. The SI consisted of a custom-made implant, inserted under the periosteum and fixed with screws and the mucous tissue that covered it^{3,4}. They were manufactured in chromium-cobalt or titanium alloys and were rehabilitated by transmucous pillars that emerged in the oral cavity⁵. Although they were used for years in cases of maxilla atrophies, they were replaced by endoosseous implants designed by Branemark⁶. This was due to its complex manufacturing. It was necessary to take an impression of the residual bone ridge, which was sent to the laboratory for the structure design, with the consequent imbalances since they were not very stable models. In this way, its placement in the patient was very difficult, and several complications could appear^{7,8}. However, advances in the planning and manufacturing field with various materials have allowed these structures to be made

digitally with an excellent predictability and fit, thus avoiding more complex surgeries⁹.

The objective of this work is to present implantsupported rehabilitation in a clinical case with severe atrophy in the upper maxilla, using a structure with subperiosteal implants, through a digital protocol, and the evolution one year after its placement.

CLINICAL CASE

We present the clinical case of a 65-year-old patient with an implant-supported dentoalveolar rehabilitation on implants in the upper arch, placed in 2010, on which he referred pain, mobility and suppuration. After an orthopantomography, we observed a severe generalised perimplantitis in the upper arch, affecting all implants (Figure 1). It was explained to the patient that it was not possible to perform a bone regeneration of the lost tissues.

Under local anaesthesia, we disassembled the dentoalveolar hybrid prosthesis. It was only fixed by two implants that showed lower mobility. Periodontal curettage was performed in all areas adjacent to the lost implants and preprosthetic surgery to favour the closure of tissues with nonresorbable suture. A provisional complete prosthesis was placed during



Figure 1. Initial orthopantomography.



tissue healing time. Two months later, tissue healing was complete and no clinical signs of inflammation or pain were observed (Figure 2).

Given the degree of severe bone resorption after perimplantitis, the manufacture of an SI was planned as an alternative to the reconstruction of the upper maxilla with bone grafts, bilateral sinus lifts and subsequent placement of endosseal implants or surgery with zygomatic implants. With this type of reconstructions, it is also possible to perform an immediate load on the structure at the same time of the surgery.

For this purpose, intraoral photographs were made and the complete prosthesis of the patient was used for the different planning tests. First, the double scanning technique was used, adding different radiopaque markers with gutta percha in the prosthesis¹⁰ (Figure 3). Then, the scanning was obtained with a conical beam computerized tomography (CBCT), (Planmeca ProMax 3D, Helsinki, Finland), both the prosthesis and the patient with his prosthesis stabilized with a silicone bite registration (Figure 4). In addition, an intraoral scan of the patient's prosthesis was performed. From this, a personalized structure was designed Subperiosteal sintered in Titanium (Ti-6-4) (Custom 3D[®]) with 6 Multi-Unit[®] type connections (Branemark, Nobel Biocare) and fixed with osteosynthesis



Figure 3. Immediate complete prosthesis with gutta percha markers.

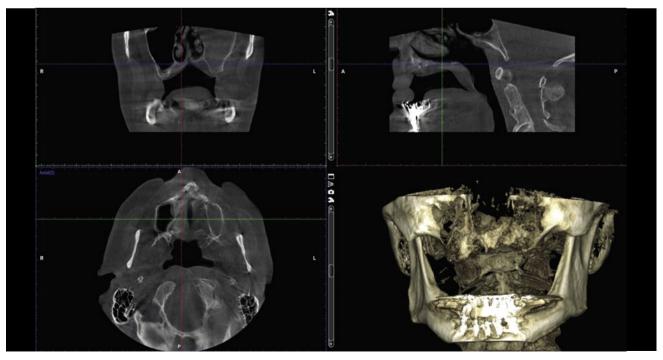


Figure 2. CBCT of the patient two months after extraction.



screws in the higher density and volume areas of the malar bone and upper jaw (Figure 5 and 6). At the same time, with the STL digital test of the planning of the mesh, and with the scanning of our complete prosthesis,

the laboratory technician made an implantosupported rehabilitation milled in polymethylmethacrylate (PMMA) with Multi-Unit[®] type titanium interfaces for immediate loading (figures 7 and 8).

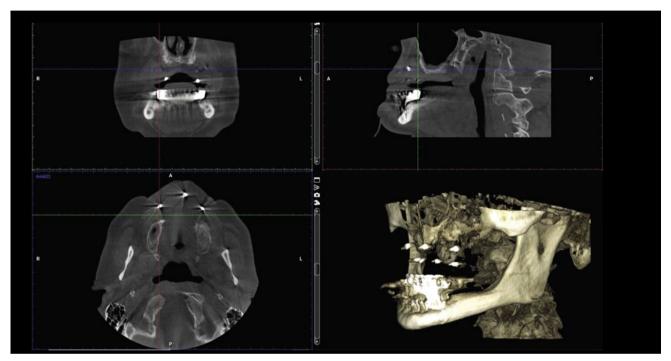


Figure 4. The patient CBCT with complete prosthesis and gutta-percha markers.

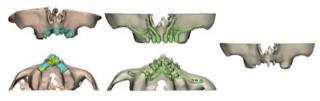


Figure 5. Digital planning of the SI design.

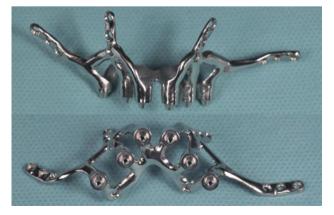


Figure 6. Subperiosteal implant.

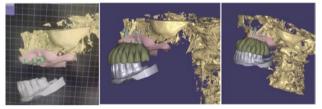


Figure 7. STL of the implant-supported immediate provisional prosthesis design.



Figure 8. Immediate implant-supported provisional prosthesis manufactured in PMMA together with the SI.



The surgical procedure was performed under general anaesthesia and nasotracheal intubation. A supracrestal incision and detachment of a maxillary flap of total thickness was made (Figures 9 and 10). The boundaries of the dissection were both infraorbital ridges, both laterally malar bodies and the anterior half of the hard palate caudally. In addition, a customized cutting guide was used so that the SI was completely in direct contact with the bone (Figure 11) and the mesh was fixed with the different 1.5 mm osteosynthesis screws in the nasal and zygomatic buttresses (KLS Martin, Freiburg, Germany) (Figure 12). The closure was performed with nonresorbable suture. Finally, the PMMA provisional rehabilitation was screwed for the immediate load, with a torque of 20 N on the implants (Figures 13-15).

Two months later, with the soft tissues healed around the connections (Figure 16), a new intraoral scanning was made of the implants and the provisional prosthesis for future restoration. A FRI type passivity test (rigid impression splint) was manufactured with an aluminium structure to assess the correct fit on the implants (Figure 17). For implant-supported rehabilitation, a sintered structure was made in chrome-cobalt with machined bases covered with acrylic resin teeth from Bredent[®] (Figures 18-21).

The patient has been checked every six months this year, performing X-rays and cleaning the structure, without finding any prosthetic or periodontal complications.

DISCUSSION

Implantological rehabilitation in patients with severe maxillary atrophies has always been a challenge for the surgeon¹¹. The progress in diagnosis and planning, the improvement in regeneration techniques and the design of materials, represent an improvement in the resolution of these complex cases. However, complications may arise in these surgeries, increasing the morbidity, time and cost of the treatment for the patient¹².



Figure 9. Upper maxilla photograph.



Figure 11. Placement of the surgical guide.

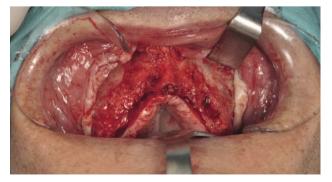


Figure 10. Incision and detachment of the upper flap.

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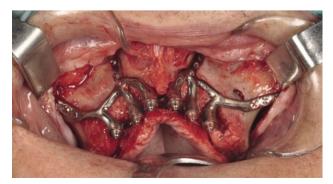


Figure 12. SI fixed with osteosynthesis screws.





Figure 13. Flap suture and immediate upper load.



Figure 14. Intraoral photograph maximum intercuspidation with the provisional prosthesis.

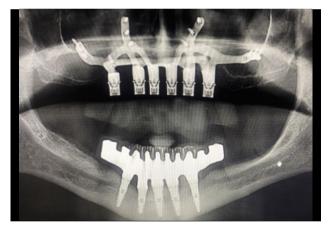


Figure 15. Orthopantomography with SI and provisional prosthesis.



Figure 16. Upper arch with SI two months after surgery.



Figure 17. Rigid splint impression (RSI) manufactured in aluminium.

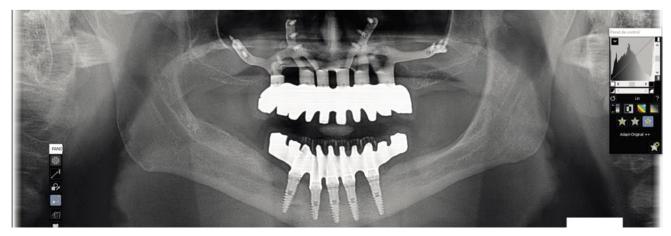


Figure 18. Orthopantomography with implantosupported final rehabilitation.



The SI were widely used in the mid-50s, until the appearance of endoosseous implants, due to the ease of placement and rehabilitation¹³. However, the new technologies in titanium additive printing and 3D planning return to SI its role as a viable therapeutic alternative in severe maxillomandibular atrophies. The use of high-quality imaging tests and 3D planning programs allow to represent a patient's residual bone volume with submillimetre accuracy. These data allow us to generate a virtual bone model, with which to adapt accurately the SI to the pre-existing anatomy¹⁴.

In 2009, Kusek published a clinical case of a rehabilitation on SI using CAD/CAM technology for the manufacture of a sterolythographic model in epoxy resin that was subsequently sent to the laboratory for the casting of structures¹⁵. In recent years, the additive technique of laser sintering for the manufacture of various structures in titanium and chromium-cobalt, is the one being used to process these subperiosteal implants.

In 2016, Cohen et al. published an in vitro study on the biological behaviour of SI structures produced in Ti6Al4V, using laser sintering and post-machining on different surfaces (SL)¹⁶. It demonstrated a high boneimplant contact, with a vertical growth histologically and histomorphometrically demonstrated.

In 2017, Mommaerts exposes a new design for the SI, using osteosynthesis screws fixed in the maxilla and malar zones, and various transmucosal connections are housed in the structure to screw the temporary or permanent prosthesis, using a digital protocol for this¹⁷.

The Cerea et al.¹⁸ retrospective clinical study includes the largest number of rehabilitated patients with this technique. It was performed on 70 patients with a two year follow-up. The maxilla and jaw of these patients were partially or totally rehabilitated with subperiosteal implants manufactured on laser sintered structures and a subsequent electropolishing process, making the surfaces completely smooth. The survival rate of the implants was 95.8% and the main postsurgical complications were pain, discomfort and swelling. There was an 8.9% rate of prosthetic complications.

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Figure 19. Intraoral photograph of the patient with the completed rehabilitation.



Figure 20. Lateral intraoral photography of the patient with the completed rehabilitation.



Figure 21. Extraoral photography of the patient with the completed rehabilitation.



In 2020, Mangano et al.¹⁹ published a study of 10 patients with mandibular atrophic posterior sectors. These were rehabilitated with SI manufactured on laser sintered structures and subsequent decontamination and sterilization with organic acids. Within a year, no implants had been lost and all complications were minor.

CONCLUSIONS

Today, SI rehabilitation has improved significantly due to the great advances in digital planning and CAD/ CAM. Although more studies are needed, it is an alternative tool in cases of complex surgeries with large atrophies with the possibility, in addition, to perform an immediate load.





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